

THE WELLNESS EXPERIENCE

Powered by Entertainment Resource

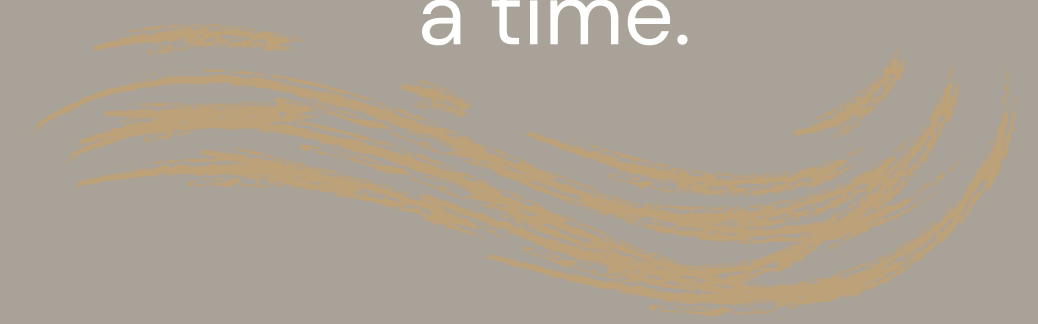


ABOUT US

We're your elite team of entertainment innovators, with over 50 years of combined experience, crafting unforgettable live experiences for every guest on your property.

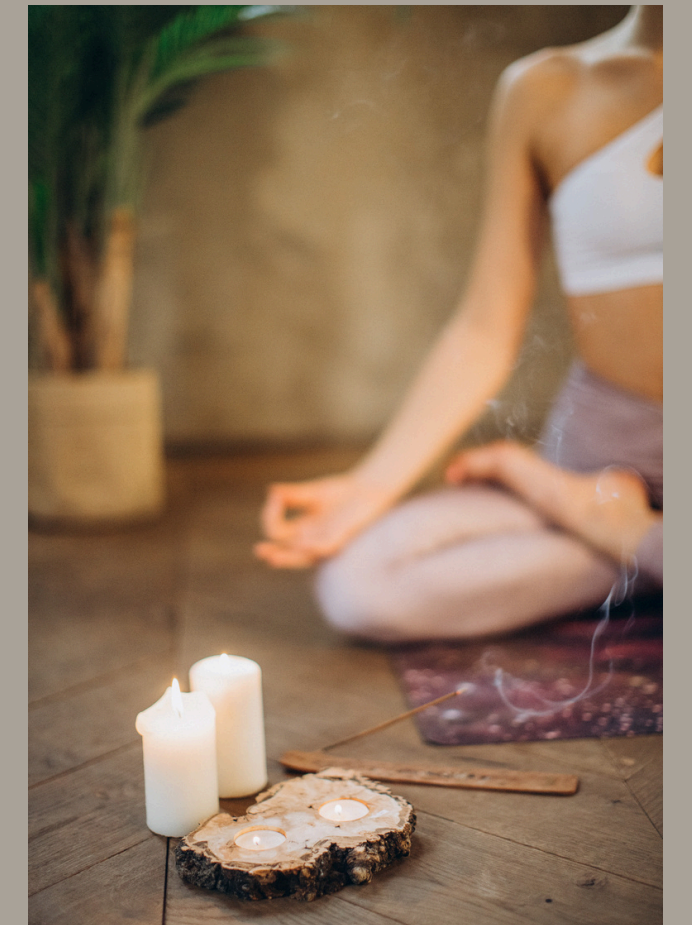


Elevating your guest experience one activation at a time.



GUESTS FIND THEIR OM

We are leveling up our approach by incorporating mindful wellness experiences to enhance our entertainment options on your property, creating nourishing and conscious experiences that generate lasting impacts for your brand. As a part of our promise, we manage all the details, seamlessly blending execution and performance into your property's diverse offerings.





WEEKLY PROGRAMMING

BREATH WORK & MEDITATION

The breath work experience is for guests seeking serenity away from the daily busyness. Release stress, slow the mind and relax into deep meditation. Perfect for guests seeking serenity after travel.

All levels welcome.

About this Activation

- Program outdoors or indoors
- Mats available upon request
- Program for a morning or evening experience



YOGA

Experience tranquility and rejuvenation with our expertly guided yoga flow sessions. Designed for all skill levels, our classes help guests unwind, de-stress, and find inner peace. Enrich your guests' stay by offering a serene and revitalizing yoga experience.



About this Activation

- Program outdoors or indoors
 - Mats available upon request
 - Program for a morning or evening experience
-

SOUND BATH

Elevate your guest experience with our transformative Sound Bath activation. This exclusive offering uses the power of sound vibrations to foster deep relaxation, emotional release, and spiritual alignment. Skilled practitioners utilize a variety of instruments, including singing bowls, gongs, and chimes, to create a soothing sonic environment that resonates with the body's natural frequencies. Guests will walk away feeling less stressed with balanced chakras, and a sense of overall well-being, leaving them feeling rejuvenated and centered.

About this Activation

- Program outdoors or indoors
- Mats available upon request
- Program for a morning or evening experience



Activation Idea 💡

Activate the lobby bar, restaurant or provide beverages with a mobile bar with an included smoothie, tea or juice

REIKI

Our Reiki healing sessions channel healing energy to promote relaxation, stress reduction, and overall well-being. Offer guests a holistic approach to self-discovery and healing, to experience the benefits of these ancient practices.

About this Activation

- Available for 1:1 sessions & Group Reiki Circle
- Program throughout anytime of the day
- Private & quiet room to be provided by property
- Massage table available upon request



ORACLE CARD READINGS

Our experienced practitioners offer intuitive oracle readings to help guide guests through life questions, offering clarity for those seeking peace and spiritual guidance.

About this Activation

- Available for private 1:1 sessions
- Program at pool for "Poolside Readings" or in a private space indoors
- Can be offered throughout the day

SUNSET YOGA

Guests meet practitioners on the mat to connect and slow down with an incredible Florida sunset view. All levels welcome.



About this Activation

- Offer daily, weekly or monthly
- Program outdoors or in a covered open space
- Mats available upon request
- Program for a morning or evening experience

Activation Idea 💡

Encourage guests to stay & connect with an included drink voucher to be redeemed at the lobby bar

TAI CHI

A silhouette of a woman in a Tai Chi pose, standing on a pier or walkway overlooking the ocean at sunset. Her right arm is raised high, and her left arm is extended forward. The background shows the sun low on the horizon, creating a bright, hazy glow over the water.

A timeless practice and great for on property guests searching for gentle movement. Guests engage in mindful movements focusing on body alignment and breath. All levels welcome.

About this Activation

- Program outdoors or indoors
- Program for a morning or evening experience

Activation Idea 💡

Offer opportunity for guests to connect with community by providing a tea, coffee or post exercise smoothie served at an on- property restaurant or bar

MONTHLY PROGRAMMING



FULL MOON YOGA

Supercharge your energy levels with this deep meditative vinyasa or yin yoga practice under the glow of a full moon. The calming effects of a full moon yoga session can help guests improve sleep.

About this Activation

- Program outdoors or at an open air space
- Mats available upon request
- Alternative option to offer weekly during sunset

Activation Idea 💡

Encourage guests to stay & connect with an included drink voucher to be redeemed at the lobby bar

FULL MOON SOUND BATH

Experience the power of the full moon for an immersive sound healing guided by spiritual healers and musicians. This unique combination promotes peace and heightened spiritual energy. Guests can connect to the natural rhythms and cycles of the moon, promoting a sense of harmony with the natural world.

About this Activation

- Program outdoors or at an open air space
- Mats available upon request



Activation Idea 💡

Open up a mobile bar and provide beverages of choice for guests to complete the experience

NIGHT SWIM SOUND BATH

Dive deep and escape the ordinary for an exhilarating evening floating sound bath. Awaken the senses on a secure floatation device over the pool. Guests will give in to the melodic sounds of serenity and deep relaxation with this transformative one of a kind experience.

About this Activation

- Program outdoor pool at sunset or after dusk.
- Towels should be provided for all attending guests
- Floatation devices included



Activation Idea 💡

Activate the pool bar and provide beverages on the house or offer drink specials for participating guests

FOR MORE INFORMATION CONTACT:

Michelle Rassner Cash

entertainmentresource.net

wellness@entertainmentresource.net

305-859-3936

